

Hints & Tips for College Preparation

- Seek out guidance early in your high school career. Knowing what institutions look for can save you time, money, and effort
- Involve yourself in a diverse array of activities such as social, leadership, humanitarian, technical, and other opportunities.
- Volunteering, interning, shadowing, and even interviewing those in a particular field may give you a better idea of your true interest as well as what may be expected
- Balance is the key. Your academic record will never disappear. Partying hard your first year in college may cost you a chance in the future
- Be sure to browse the websites before and after a college fair. Most programs, including the School of Nursing & Dental Hygiene at the University of Hawai'i at Mānoa, have extensive information posted
- Ask questions that are important to you and your situation. Be aware of the many policies, procedures, and deadlines every step of the way
- Thank those who have encouraged and supported you through high school. Countless hours and efforts have been invested in each and every one of you

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High School Preparation

Department of Nursing

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**Plan Ahead,
Get Ahead**



Leading the way ~ Imua Kupaianaha

Definition of Nursing:

The International Council of Nurses defines the profession as encompassing “autonomous and collaborative care of individuals of all ages, families, groups and communities, sick or well and in all settings. Nursing includes the promotion of health, prevention of illness, and the care of ill, disabled and dying people. Advocacy, promotion of a safe environment, research, participation in shaping health policy and in patient and health systems management, and education are also key nursing roles”

(Retrieved from <http://www.icn.ch/definition.htm>, 3/1/2009).



Career Outlook of Nursing:

Almost everyone wants to have a job when they graduate from college. Here are some facts that might interest you about being a registered nurse. These statistics are provided by the US Department of Labor Bureau of Labor Statistics

(Retrieved from <http://www.bls.gov/oco/ocos083.htm>, 3/1/09).

Expected rate of employment growth

~23% growth from 2006-2016

Expected rate of industry growth

~39% in Physician Offices

~39% in Home Health Care Services

~34% in Outpatient Care Centers

Median annual earnings (May 2006)

~\$57,280

Educational Paths to Becoming a Registered Nurse:

There are basically 3 ways to become a registered nurse. All paths require an individual to go through education/training by one of three programs:

1. Hospital Diploma (approximately 3 years)
2. Associate Degree in Nursing (approximately 3 years)
3. Bachelor Degree in Nursing (approximately 4 years)

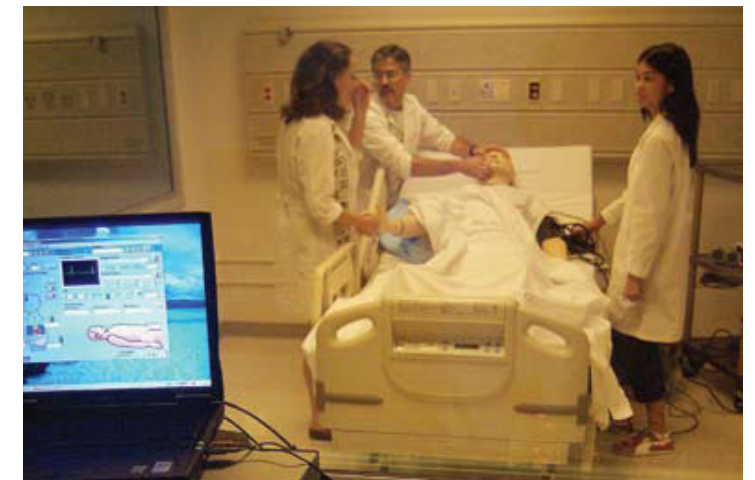
After successful completion of the program from an approved site, a student is eligible to sit for the certification exam known as the NCLEX-RN. Nationally, the pass rate for this exam is approximately 87.5% (Retrieved from https://www.ncsbn.org/Table_of_Pass_Rates_20082.pdf, 3/1/09). Our pass rate for the NCLEX-RN here at the University of Hawai'i at Mānoa School of Nursing & Dental Hygiene as of 2008 is 95%.



UH Mānoa's Bachelor of Science Program:

The UHM School of Nursing & Dental Hygiene is a professional school designed to educate knowledgeable, compassionate, ethical, competent, high-achieving students who will go on to practice and engage in life-long learning.

Our Traditional Bachelor of Science in Nursing is a 6-semester cohort program consisting of intensive clinical and lecture coursework beyond the associate's degree level in research, leadership, management, advanced pathophysiology, genetics, and global community health.



Students learn together and build a lasting network even before they graduate and enter the work force, utilizing the latest technology, being taught by knowledgeable faculty, and facilitated by experienced specialist in the field. Information on application and admission requirements, curriculum, and the School itself can be found on our website at <http://www.nursing.hawaii.edu>